

JOINING OUR STAFF



SHERER BOSWELL THOMSON

We are happy to introduce to you, our newest counselor, Sherer Boswell Thomson!

“For I know the plans I have for you”, declares the LORD. “... plans to prosper you and not to harm you, plans to give you hope and a future.”

JEREMIAH 29:11

God has a plan—a hope filled plan—for each of us. Sometimes we forget this or find it difficult to believe. Sometimes we may even feel we don't deserve it. Sherer became a counselor to walk alongside people as they confront any issues or situations that may be preventing them from living out the plan God has for them. She is experienced in treating older children, adolescents, and adults dealing with trauma related issues, depression, anxiety, ADHD, and oppositional and defiant behaviors. Sherer also works with families to increase positive communication and to help each person feel heard and understood. She assists parents as they navigate the difficult situations they may be facing with their children, helping them in developing the parenting techniques best suited for their situation.

We are delighted to have Sherer joining our staff. She welcomes the opportunity to walk alongside anyone struggling to navigate life's journey. If you would like to meet with her, call our office! †

MEMORIALS

Contributions have been made to Trinity Counseling in memory and honor of the following family members, friends and loved ones in recent months.

In Memory of:

MR. STUART LEACH	MRS. LOUISE ALLEN	MRS. MAMIE WILLARD
MRS. MARCIA RADER	MR. TAYLOR HARSH	COL. LEE SHEIDER

By Mrs. L. Renshaw (Peggy) Fortier

For more information, or to make an Honor or Memorial Gift, please call 205-822-2730.

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*(1924-2013)

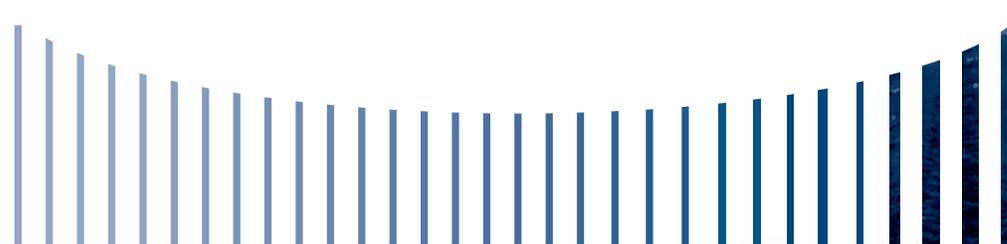
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Arden C. Richards, Executive Director
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For more information on services and programs, forward inquiries to:

Trinity Counseling • 1025 Montgomery Highway, Suite 214 • Birmingham, Alabama 35216

Phone: 205.822.2730 Website: www.trinitycounselingbham.org



WINTER 2017

A WORD FROM DON |

Don Richards, M.Div., MS, LPC



Beloved,

As we learn to live as sojourners in this world, let us keep in focus the One who makes life make sense ... remembering: He is wild about us, He will always help us, and He will never abandon us!

“...You never cease to lovingly see me” ..”

“And what, Lord, is my life, but

the embrace of Your delightful sweetness, lovingly enfolding me? I love my life vastly because You are my life's sweetness... Now I see... that You never cease to lovingly see me, yes, even the secret places of my soul... There is the source of all delights that can be desired; not only can nothing better be imagined by man or angels, but nothing better can exist in any mode of being! For it is the absolute height of every desire, nothing can be greater.”

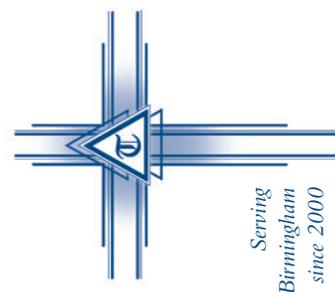
(Paraphrased from a fifteenth-century Tyrolian bishop.)

I pray you all are blessed in this Holy season and the coming New Year!†



Trinity Counseling

1025 Montgomery Highway, Suite 214
Birmingham, Alabama 35216



Serving
Birmingham
since 2000

www.trinitycounselingbham.org



CLIENT REFLECTIONS

The ministry provided by Trinity as well as its scholarships for counseling, make an authenticated difference in individual lives, relationships, families and consequently to the community at large. The following are reflections on things learned as well as letters of thanks from some of those who have received the scholarships that **your gifts have enabled!** We pray that as you read them, you will be moved to continue your support of this valuable ministry.

- “Thank you” feels insufficient, but we are so very thankful for you ... and all that you have done for us over the years. I’m praying that Trinity Counseling will continue to be blessed and your giving will be returned in abundance.†
- We are thankful for all you do for those that cannot afford more frequent visits in times of need. Hopefully this gift will help some. Blessings!†
- Brother, I took a few minutes this morning to just thank God for you. I don’t know that I would be alive had He not brought you into my life. Today I pray deep encouragement over you... I ask for you and your family, that the joy you have released into others would be multiplied back to you and that you would experience, in excess, the freedom you have brought to so many. And I pray that the honor you have shown would be poured out over you, your spouse, your children, your grandchildren and the generations to come. Well done, sir.†

MESSAGE FROM THE BOARD

William T. Wood, Chairman

“Tacos for Trinity” was an overwhelming success... **THANK YOU for your tremendous support!!!** On October 12, we and **Regions Bank** presented Trinity Counseling’s 5th annual Autumn Celebration Benefit: *Tacos for Trinity*. Our goals were two-fold: raise awareness for what Trinity does in and for the community and to raise funds to support the programs and scholarships provided by the ministry. It was a really fun, family friendly event complete with a bountiful buffet from Taco Mama and delicious beverages from Cahaba Brewing and Coke. Our guests enjoyed tunes from the cover-band, Tarred & Feathered, an outstanding multi-item Silent Auction. All the children in attendance had a ball with balloons and lots of games to play!



The band, Tarred & Feathered, was great!

We were overwhelmed by the support from the community - I know many of you were among those attending, so **THANK YOU!!!** Attendee generosity and sponsorships help us to bridge the expansive and expensive gap between private-practice therapy and community mental health counseling. We praise God for all He accomplished that night, through the hard efforts and generosity of many.

Every year our Benefit prompts many new questions about and for Trinity’s services. Fund-ing for mental health, stress-related issues or disorders is more critical than ever. We have increased our staff to meet the growing requests for appointments but we



Carter & Hutton Harsh, Cindy & Carter Harsh, Sr.

still **need your help!** As you consider your end of the year giving, please consider donating to Trinity Counseling so that this new momentum is able to continue. We are grateful to be able to report that **100% of your donations** go to providing scholarships and assistance!

As always, we pray Blessings and Peace for all of you and your families this blessed and Holy Season. †

(For more information about our services and our annual benefit, including more photos, please visit our website: Trinitycounselingbham.org or the Trinity Counseling FaceBook page)



Julianne Harkness, Parker Morris, Paige Morris, Cartwright Morris, Courtney Harkness



Andy, Leigh, Betsy & Mary Hogan Glenn, Mark Finley



Leslie & Lucy Kate Culpepper, Jessica Atkins

Points to Ponder

Christmas - A Wonder full time!
by Samuel A. Saxon, Ph.D.

Perhaps 30 – 40 people knew of and have celebrated my birth. Over the centuries think of the millions – no billions of people who have and are celebrating the birth of Christ – God Incarnate!

Wow! What a Wonder!

I was full grown when I was told that at my birth my 40 plus year old mother had no milk with which to nurse me. So, my 22 year old sister “wet nursed” me and my two other infant sisters. What a gift!

Wow! What a Wonder!

I wonder did Christ Jesus know at His birth that the fingers that caressed him, the womb that birthed Him, the breast that fed Him – had been created by Him!!

Wow! What a Wonder!

What “wows” you at this time? When you see the beautiful Christmas lights, does it remind you of the Light of the world? The light that can chase the darkness out of sad memories? When you taste the glorious candies and food, does it remind you of His glorious daily provisions? When you hear the beautiful choirs, are you reminded of the New Song – long foretold? Look, taste, listen and be full of wonder, for Christ has come!



Support Trinity Counseling when you shop this Christmas.

Amazon donates when you shop at smile.amazon.com.

